

**Full Moon – April 2017**  
**Chant Moon**  
**Series: Chakras – Throat chakra**

**HPE:** Mikaela

**Guardian:**

**Supplies:**

- Kay's chime
- Full Circle handprint cloth
- Quarter Candles

**Ritual Outline:**

**Smudge** – “Breath In, Breathe Out”  
smudge with sage

**Cast** – “We Are a Circle, Within a Circle”

**Quarters** – “The Earth, The Air, The Fire The Water Return”

**Center** – “The Goddess is Alive and Magic is Afoot!”

**Intro** – chanting, chakras, throat chakra

**Check-in** – Questions:

- “What is your relationship with chanting?” or
- “What do you know about the throat chakra?”

**Open Chant** – anything women want to chant

**Meditative Chant** – humming

**Thank Center** – “We All Come from the Goddess”

**Thank Quarters** – “The Earth, The Air, The Fire The Water Farewell”

**Close Circle** – “May the Circle Be Open But Unbroken”

**Feast!**

## Chants by Topic

### Elements:

- I Am The Elements (Raven)
- Earth My Body
- \*The Earth, The Air, The Fire, The Water Return

### Energy:

- Oh, Mama Bakudala Ba be, Tan Da Zaa!
- \*The Goddess is Alive and Magic is Afoot
- White Buffalo Woman, I Seek Thy... (Raven)
- Sacred Corn Mother, Make My Way Sacred, Fill Me With Beauty (Raven)
- I Am The Fire, The Union of Opposites (Raven)
- I Am The Firebird (Deb)

### Gratitude:

- Oh, Mama Bakudala Ba be, Tan Da Zaa!
- Thank You For This Day
- I'm So Glad, Trouble Don't Last Always

### Health/Healing:

- Earth My Body
- Sacred Corn Mother, Make My Way Sacred, Fill Me With Beauty (Raven)
- Born of Water, Cleansing, Powerful, Healing, Changing, I Am
- Every Step I Take

### Money:

- She Changes Everything She Touches
- Do The Best You Can Until You Know Better, And When You Know Better, Do Better (Raven)

### Parenting:

- The River is Flowing
- Ancient Mother, I Hear You Calling, Ancient Mother, I Hear Your Song
- We Are An Old Family, We Are a New Family, We Are The Same Family, Stronger Than Before

### Spirituality/Goddess:

- We All Come From the Goddess
- We Are The Flow, We Are The Ebb
- Maiden, Mother, Crone
- Mother of Darkness, Mother of Light

### Strength/Confidence:

- Spider Woman
- I Am The Goddess (My Feet Are Rooted,

### Stress/Calm:

- Thank You For This Day
- Lean On Me, When You're Not Strong
- \*Breathe In, Breathe Out
- I'm So Glad, Trouble Don't Last Always
- I Will Be Gentle With Myself